# Coparenting Plan

### Communication

• Each Other Regular checkpoints, schedules, issues (children)

• The Children What do we tell them? terminology

When do we tell them?

Extended Family

- Friends/Neighbors
- Teachers/Coaches

## **Living Situation**

- Who is living where, arrangements for children
- Build consistency

## **Roles and Responsibilities**

- Daily routine
  - Drive/pick up for school
  - o Communicate with teachers/coaches
  - Drive to Activities
  - o Role of parent that does not live with children
- Handling sickness

### Rules at the house

- Keeping Consistency
- Allowance
- How to discipline
- Bedtimes
- Homework
- Social Media rules

#### **Events**

- Holidays
- Birthdays

### School, extracurricular

- Class changes, expectations
- Financial contributions to children's (school, activities, doctors, clothes, food)

#### **RULES:**

- 1. Collaborate
- 2. Respect (be professional)
- 3. Communicate effectively (schedule checkpoints)
- 4. Never disrespect each other in front of kids
- 5. Agree on the unbreakable rules, relax on the rest